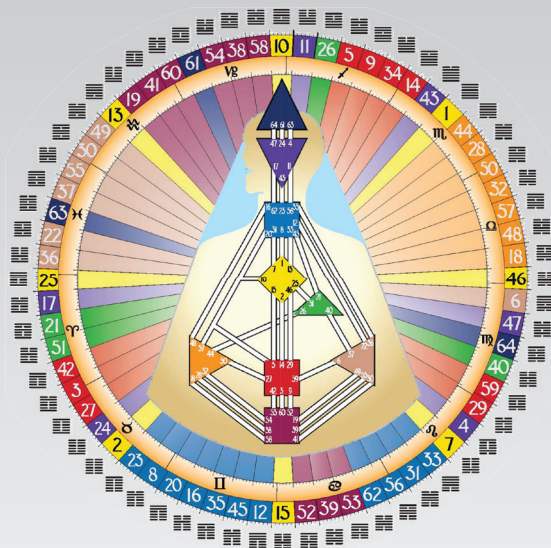
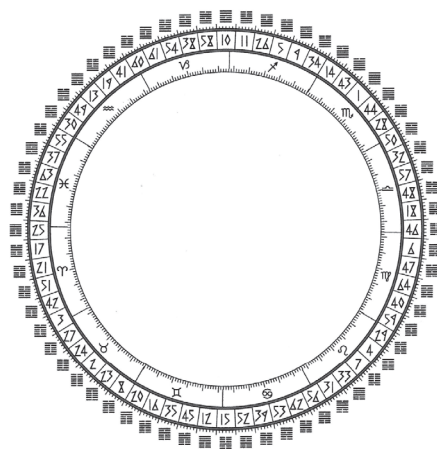


*A New View on Human Nature*  
*– a Book of Reference on Human Design and the Inner Weave*



*Terje Eugen Holthe*

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by Terje Eugen Holthe

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# *Preface*

## **My heartfelt thanks to**

Cecilie Meltzer

Nina Enger

Rune Wanberg

Sol Grinde

Vigdis Garbarek

Vivien Wetlesen

and especially to Nina as we wrote together «The Little Book on Human Design» and  
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# *Introduction*

Different times have described man in different ways. At the same time the basic nature of man has not changed significantly.

A New View on Human Nature is intended as a reference book for those who want to explore human nature. It is a reworking and an essential elaboration of The Little Book on Human Design.

The book is based on the original Human Design system described by Ra Uru Hu. With this system, we have a method for mapping the inner landscape of man. In this book, Human Design is seen in the light of both new and old knowledge about man, with parallels to Taoism, the Edda doctrine and Western psychology. This synthesis of knowledge has been named «Human Nature».

In the first part of the book the Human Design system is described. It is divided into three areas:

- Your Energy-flow, describes the fundamental elements in the Human Design Chart.
- Your Mandate, refers to the roles and tasks we have in life. We are born with certain qualities, and how we use these qualities becomes our journey in life.
- Your Inner Nature, deals with how we can reveal our shadow sides and become more aware of our inborn nature.

The second part of the book compares the Human Design system with the understanding of human nature of earlier times. Here, human nature is described in light of:

- The five-element doctrine of Taoism, the foundation of Chinese medicine and thought.
- The connection between the Human Design Chart and the Edda teachings on Yggdrasil, the world tree from Scandinavian mythology.

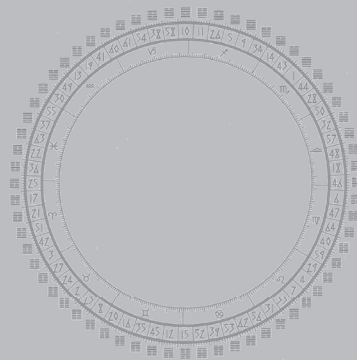
The third part of the book: The Path to Your Self, relates the Human Design system to C. G. Jung's understanding of the human archetypes and a timeless understanding of human nature as described in The Path by Vigdis Garbarek.

NB. Where I go beyond the original Human Design system, it is clearly explained.

*You are like a seed, and  
the seed contains everything  
you can ever be.  
~ Nina Enger*

# Part I

## Human Design





*Human Design can open the door to  
self love, love of life and of others  
through understanding.  
~ Ra Uru Hu*

# *Ra Uru Hu*

In 1987 Robert Alan Krakower, a Canadian (later Ra Uru Hu), had an epiphany on the Spanish island of Ibiza. Over a period of 8 days he received information on what became the Human Design system. It is a practical tool for understanding oneself and others.



*Photo 1. Ra Uru Hu devoted 25 years of his life to developing and teaching the system around the world until he passed away in 2011 (photo [www.jovianarchive.com](http://www.jovianarchive.com)).*

# Human Design

*... a synthesis of modern science and esoteric Wisdom*

The information Ra Uru Hu received is a fusion of:

- Quantum mechanics: That part of physics describing particles smaller than atoms (neutrinos). In its most complete form it is seeking to describe the structures of all forms of matter and radiation.
- Astronomy: The science of space and celestial bodies.
- Cell-biology: The knowledge of nature and the composition of cells.
- Genetics: The knowledge of the properties and utilisation of genes.

and

I'Ching: I'Ching is an ancient esoteric text. It is considered one of China's oldest books, recorded around 3000 years ago. It describes the laws of change and has as a foundation of 64 archetypes or hexagrams.

- Astrology: The knowledge about celestial bodies and their energetic influence on life.
- Chakra system: Chakra system: Hindu description of the energy centres in the spine of a human being.
- Jewish Kabbalah: One of the main traditions in Jewish mysticism.

# *Astrology, Astronomy and Quantum Mechanics... knowledge about your potential*

You are born in time and space. According to astrological philosophy, you are born when the energies of the solar system correspond to your inherent energies. That is, the sun, moon and planets are in the 'right' zodiac sign and have a certain relative position in relation to the time of day and the place you are at the time of birth.

Similar to an astrological horoscope, your personal Human Design chart is a result of the date, time and place of your birth. In a Human Design perspective, the moment you are born, you will receive the energy footprint of the neutrinos that flow through you. Neutrinos are the smallest elementary particles in space known to science. These particles, with one millionth of the mass of an electron, give and receive energy which we interpret as information. They are produced in the stars and impregnate and inform, what they pass through in their movement through space.

Neutrino astronomy is a branch of astronomy where one observes neutrinos from various objects in the universe. New findings in this field of research and in quantum mechanics show that the physical universe consists of an all-pervading energy field. This area of research, with its laws and inherent orderliness, allows us to understand how we and the universe work.

Knowledge of neutrinos is important. According to Human Design, neutrinos carry information from what they pass through. That is, the neutrinos that come from the Moon are characterized by the Moon's energies; those from Mars, the energies from Mars, etc. Similarly, the neutrinos that pass through us will carry our energy footprint.

The influence of neutrinos at the moment of birth helps to fix your already inherent characteristics. This imprint indicates both your conscious and unconscious possibilities for human growth. Your Human Design chart shows which energies are available and effective in you.



The chart provides knowledge about your inherent resources and points to your opportunities as a human being. It gives a precise overview of what qualities and inclinations you have and how these can best be expressed.

Here, Human Design confirms what all astrology is based on, that our psyche and our talents are closely linked to the energy of the different planets and their mutual placement in the starry sky at the moment of birth.

The Human Design you received as a gift at birth cannot be changed, but you can make the best of the hand you were given. Each person has a unique set of qualities, an inner nature, which reacts in unique ways in relation to their surroundings. When we know that every human being must live according to his or her unique energy structure, it gives greater room for understanding, tolerance and warmth between us humans.

... as a metaphor:

Each cell in our biological body contains information about the whole body.

A skin cell contains the complete instruction manual for the whole body, but within this particular cell only the chapter of the skin cells can be acted upon.

# Cell-biology, Genetics and the Hexagrams of the I'Ching

In the heart of the synthesis we find an exact mathematical correspondence between the Chinese I'Ching and the human genetic code.

## DNA

In 1962, Watson & Crick was awarded the Nobel Prize for describing the structure of the DNA molecule. This genetic material controls all the processes in living cells and gives us important information about how we unfold as human beings.

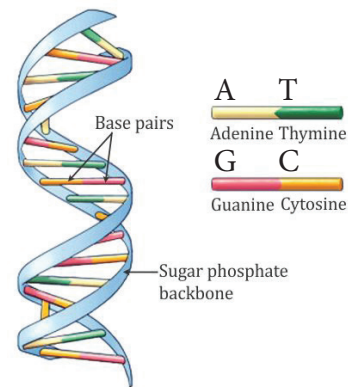
The DNA molecule carries the genetic information in our cells. The way it is organized is called the «genetic code» (see the DNA Codon Table, Appendix 1). All living things have the same genetic code, which suggests that all life has a common origin.

Figure 1. Illustration of the DNA molecule (taken from the National Library of Medicine, USA).

The DNA molecule has the shape of a long, helical double strand where the genes lie one after the other in a row.

The two threads are tied together by steps, as on a ladder. Each of these steps consists of two different pairs or base pairs. There are four different bases: adenine (A), cytosine (C), guanine (G) and thymine (T).

Three continuous bases form a codon, a triplet combination, which in turn encodes a particular amino acid. Each of these amino acids is the building block of our proteins. It provides a total of 64 different codons, 64 different triplet combinations.



Double helical structure of DNA

Figure 1. Illustration of the DNA molecule (taken from the National Library of Medicine, USA).

DNA	I'Ching
64 codons	64 hexagrams
4 different bases	4 images
3 bases ≈ 1 triplet	3 lines = 1 trigram
2 strings = double helix	Yin and yang = taiji

Tabell 1. Sammenhengen mellom DNA-molekylet og I'Ching.

Base	The Four Images
A	Old Yang
C	Young Yin
G	Young Yang
T	Old Yin

Table 2. The relationship between the four bases in the DNA molecule and 'The Four Images' in the I'Ching.

## The Hexagrams of the I'Ching

I'Ching or the Book of Changes from approx. year 1000 BC, is one of China's oldest books. With its roots in Taoist thinking, it has been a source of inspiration in religion, philosophy, literature and art.

I'Ching contains short texts related to 64 hexagrams. These hexagrams can be depicted in the form of a table (see the Hexagram table, Appendix 1). Each hexagram represents an archetype, a basic structure in the human psyche.

Each hexagram consists of six solid or broken lines. The solid line is called yang (outward energy, expanding life force) and the broken line is yin (inward energy, contracting life force). Usually the hexagram is divided into two, in a lower and an upper trigram each with three lines. The lines are placed one above the other and are 'read' from the bottom up.

Table 1. The relationship between the DNA molecule and the I'Ching.

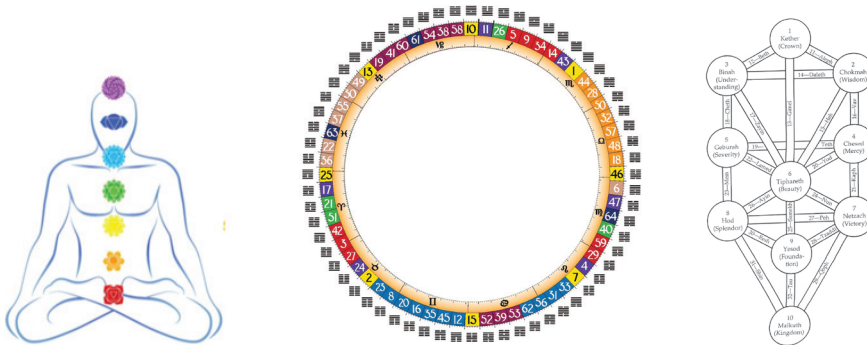
Yin and yang lines can be combined in four different ways and are named 'The Four Images'<sup>1</sup>. The combinations correspond to the bases in DNA as in Table 2.

<sup>1</sup> Ming-dao, Deng, 2006. *The Living I'Ching – Using Ancient Chinese Wisdom to Shape Your Life*. USA, New York: HarperCollins Publishers

# *The Mandala and the Four Systems in the Human Design Chart*

A mandala is a colourful and decorated circular geometric shape, symmetrical around a centre. It can be quite simple or very complex in its description of the relationship between the infinite and our inner and outer worlds of life. Traditionally, these symbolic images of the cosmos have been used as a starting point for meditation in Hindu or Buddhist tradition. Similarly, the Human Design chart appears as a mandala with its circular shape and extensive use of various geometric shapes.

The following is a fusion of the four different systems that make up the Human Design mandala: the hexagrams of the I'Ching and their position in the hexagram circle, the Zodiac in Western astrology, the Indian Chakra system and the 'Tree of Life' in the Jewish Kabbalah.



*Figure 2. The four systems that are part of the Human Design mandala: the Chakras, the hexagram circle with the Zodiac and the Kabbalah.*